Calzone Three Cheese MTG

Servings:	100.00	
Meal Type:	Lunch	
Category:	Entree	
HACCP Process:	Same Day Service	
Calzone Three Cheese	MTG	

Nutrition Information

Calories	250.00	Protein	19.00g
Fat	5.00g	SaturatedFat	2.00g
Trans Fat	0.00g	Cholesterol	10.00mg
Carbohydrates	33.00g	Fiber	4.00g
Sugar	4.00g	Sodium	420.00mg
Iron	2.70mg	Vitamin C	0.00mg
Vitamin A	200.00IU	Calcium	400.00mg

Ingredients

100 Each CALZONE 3CHS WGRAIN 60-4.69Z GILARDI

Preparation Instructions

Directions:

Wash hands.

- 1. Thaw under refrigeration.
- 2. Spray with non-stick cooking spray before baking for a softer crust.
- 3. Bake at 350 degrees F for 10-12 minutes or until product reaches an internal temperature of 165 degrees F.