

# Sandwich Cheesy Bean Twister WGrain MTG

<b>Servings:</b>	100.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service
Sandwich Cheesy Bean Twister WGrain MTG	

## Nutrition Information

<b>Calories</b>	328.59	<b>Protein</b>	14.03g
<b>Fat</b>	6.81g	<b>SaturatedFat</b>	1.53g
<b>Trans Fat</b>	0.06g	<b>Cholesterol</b>	5.20mg
<b>Carbohydrates</b>	52.50g	<b>Fiber</b>	9.70g
<b>Sugar</b>	3.54g	<b>Sodium</b>	848.82mg
<b>Iron</b>	3.67mg	<b>Vitamin C</b>	7.01mg
<b>Vitamin A</b>	443.70IU	<b>Calcium</b>	199.45mg

## Ingredients

**100 Each** BREAD ULTRA LOCO WGRAIN 6.5 12-12CT  
**3 1/4 Gallon** BEAN REFRD 6-10 GRSZ  
**1 3/5 Gallon** TOMATO DCD I/JCE MW 6-10 GFS  
**5 Cup** CHEESE CHED MLD SHRD FINE 4-5# GFS

## Preparation Instructions

WASH HANDS.

1. Place bread on parchment-lined or pan-sprayed full sheet pan to thaw.
2. Spread each piece of bread with 1/2 cup beans to within 1/2 inch from the edge. Top with tomatoes and shredded cheese.
3. Roll up to form a log. Cut the log in 1/2.
4. Bake for 11-15 minutes at 350 for a convection oven, or 16-20 minutes at 400 degrees in a standard oven.  
CCP: Final internal cooking temperature must reach a minimum of 135°F, held for a minimum of 15 seconds.  
CCP: Hot food held for later service must maintain a minimum internal temperature of 135°F.
5. Serve within 3 hours.

Child Nutrition: 1 Each (2 halves) provides=

2 oz eq grains, 1/2 cup beans/peas, 1/4 cup red/orange vegetable, and 1 oz meat alternate

OR

2 oz eq grains, 3 oz meat/meat alternate, and 1/4 cup red/orange vegetable

Updated October 2013