

Beans Baked

Servings:	150.00
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	Same Day Service

Beans Baked

Nutrition Information

Calories	186.08	Protein	7.62g
Fat	1.28g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	38.86g	Fiber	6.36g
Sugar	16.44g	Sodium	766.18mg
Iron	2.32mg	Vitamin C	0.13mg
Vitamin A	27.31IU	Calcium	51.89mg

Ingredients

6 Gallon BEAN BAKED 6-10 BUSH
3 Cup SAUCE BBQ 4-1GAL GFS

Preparation Instructions

WASH HANDS.

,1. Open can and pour beans into steam table pan(s).

,2. Heat through.

,3. Serve.

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,CCP: HOT FOOD HELD FOR LATER SERVICE MUST MAINTAIN A MINIMUM INTERNAL TEMPERATURE OF 135oF.

,Child Nutrition: 1/2 cup provides= 1/2 cup beans/peas

,Updated December 2013