

Black Bean Brownie

Servings: 60.00

Meal Type: Breakfast

Category: Entree

HACCP Process: No Cook

bean dessert

Nutrition Information

Calories	81.36	Protein	2.09g
Fat	1.71g	SaturatedFat	0.81g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	16.22g	Fiber	2.35g
Sugar	10.07g	Sodium	25.91mg
Iron	0.70mg	Vitamin C	0.00mg
Vitamin A	0.00IU	Calcium	11.00mg

Ingredients

5 1/2 Cup BEANS BLACK LO SOD 6-10 BUSH

rinsed

1 1/2 Cup CHOC CHIPS SMISWT 1000/# 4-4# GFS

divide in half

9 Tablespoon APPLESAUCE IN JCE NSA 6-10 GFS

2 1/4 Cup EGG LIQ EZ PLN ULTR PAST 2-20 EZEGGS

2 Cup SUGAR BROWN MED 25# GFS

1 1/2 Cup COCOA BAKING 5# DIAC

1/2 Ounce FLAVORING VANILLA IMIT 1-QT KE

1 1/2 Teaspoon BAKING POWDER DBL ACTION 6-5# CALUM

Preparation Instructions