

Salisbury Steak

Servings:	350.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Salisbury Steak

Nutrition Information

Calories	209.14	Protein	12.00g
Fat	17.18g	SaturatedFat	7.00g
Trans Fat	0.50g	Cholesterol	40.00mg
Carbohydrates	4.83g	Fiber	2.00g
Sugar	0.00g	Sodium	337.54mg
Iron	1.44mg	Vitamin C	0.00mg
Vitamin A	0.00IU	Calcium	20.00mg

Ingredients

350 Each BEEF STK SALIS CKD 72-2.67Z GFS

BAKE

Conventional oven: preheat oven to 350 degrees f. Bake frozen product for 15-17 minutes. Convection oven: preheat oven to 350 degrees f. Bake frozen product for 7-9 minutes. Microwave: heat frozen product on high power for 75-85 seconds.

64 Fluid Ounce MIX GRAVY BRN LO SOD 8-16Z TRIO

Mix package with 1 gallon boiling water

Preparation Instructions

Bake steaks on prepared sheet pan. Prepare gravy according to package directions.

Place steaks in steam table pans and cover with gravy. Cover with foil and bake for 1 hour.