

Chicken Tacos

Servings:	350.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Chicken tacos with peppers and onions

Nutrition Information

Calories	129.86	Protein	10.06g
Fat	3.43g	SaturatedFat	0.00g
Trans Fat	0.01g	Cholesterol	67.33mg
Carbohydrates	2.19g	Fiber	0.66g
Sugar	0.00g	Sodium	332.78mg
Iron	0.54mg	Vitamin C	0.63mg
Vitamin A	531.64IU	Calcium	13.41mg

Ingredients

70 Pound Chicken, diced, cooked, frozen

Thaw chicken overnight in refrigerator

13 Pound 1-6.5 FAJITA CUT VEGETABLE MIX

54 Ounce SEASONING TACO MIX 6-9Z LAWR

64 Fluid Ounce Water

UNPREPARED

Preparation Instructions

Thaw chicken overnight in the refrigerator.

The next morning, bring chicken to a rapid boil.

In prepared steamtable pans add the cooked chicken, 1 package of taco seasoning per 15# of cooked chicken. One full steam table pan should have the peppers and onions and the rest of the pans are plain taco seasoned chicken.

Cover and bake at 400 for 1 to 2 hours or until reaches an internal temp of over 165 degrees.