

Rockin'ola Yogurt Parfait

Servings:	16.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

yogurt w/berries

Nutrition Information

Calories	225.00	Protein	7.88g
Fat	5.02g	SaturatedFat	0.13g
Trans Fat	0.00g	Cholesterol	0.63mg
Carbohydrates	37.88g	Fiber	7.79g
Sugar	18.83g	Sodium	46.46mg
Iron	7.61mg	Vitamin C	30.00mg
Vitamin A	125.00IU	Calcium	47.67mg

Ingredients

16 Cup BERRIES BURST O IQF 4-5# GFS

Thaw in refrigerator overnight in a slotted steam table pan

16 Ounce YOGURT VAN L/F PARFPR 6-4# YOPL

READY_TO_EAT

Ready to use with pouch & serving tip.

Place 2 oz in bottom of 12 oz parfait cup.

Add 2 oz mixed thawed berries.

Add 2 oz of yogurt.

Add 2 oz mixed thawed berries

Top with Rockin'ola granola

16 Rockin'ola Pro granola

BAKE

pre-packaged 1.5 oz- 1 per student K-6



Preparation Instructions