

Mashed Potatoes

Servings:	200.00
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	Same Day Service

Mashed Potatoes

Nutrition Information

Calories	110.28	Protein	2.22g
Fat	2.22g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	20.83g	Fiber	2.22g
Sugar	1.39g	Sodium	352.78mg
Iron	0.40mg	Vitamin C	9.92mg
Vitamin A	0.00IU	Calcium	0.00mg

Ingredients

200 Ounce POTATO PRLS PREM 10-29.3Z NATROWN

RECONSTITUTE

1: Pour one gallon (3.8 L) of hot water (170-190°F) into 6" deep half steamtable pan. 2: Add all potatoes and stir for 15-20 seconds. 3: Let stand for 7 minutes, stir and serve.

Preparation Instructions

Serving size 1/2 cup (#8 Scoop)

Can add 2 oz of chicken gravy-