

Mashed Potatoes

Servings:	200.00
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	Same Day Service

Mashed Potatoes-GFS#193610

Nutrition Information

Calories	110.28	Protein	2.22g
Fat	2.22g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	20.83g	Fiber	2.22g
Sugar	1.39g	Sodium	352.78mg
Iron	0.40mg	Vitamin C	9.92mg
Vitamin A	0.00IU	Calcium	0.00mg

Ingredients

200 Ounce POTATO PRLS PREM 10-29.3Z NATROWN

RECONSTITUTE

1: Pour one gallon (3.8 L) of hot water (170-190°F) into 6" deep half steamtable pan.

2: Add 5 bags potatoes and stir for 15-20 seconds.

3: Let stand for 7 minutes, stir and serve.

Makes 200 servings

Preparation Instructions

Starchy Vegetable:

Serving size: 1/2 cup (#8 Scoop)

Can add 2 oz of chicken gravy-