

Roast Pork

Servings:	350.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Complex Food Prep

Roast Pork

Nutrition Information

Calories	257.83	Protein	21.94g
Fat	2.74g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	65.83mg
Carbohydrates	0.00g	Fiber	0.00g
Sugar	0.00g	Sodium	96.58mg
Iron	0.00mg	Vitamin C	0.00mg
Vitamin A	0.00IU	Calcium	0.03mg

Ingredients

5 Teaspoon SALT IODIZED 24-26Z GFS

5 Teaspoon Black Pepper

BAKE

1920 Ounce Pork, Leg Roast frozen

BAKE

Thaw several days in advance, cook to a desired temp of 150 degrees or above.

Preparation Instructions

Thaw 3 cases of pork roast in refrigerator several days before cooking.

Roast 15 roast with salt and pepper sprinkled over them in 400 degree oven. Add 2 quarts of water to roasting pans.

Bake until reaches and internal temp of 140 degrees or above.

Cool and refrigerate to slice the next day.