

# Sub sandwich

<b>Servings:</b>	1.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Sub sandwich - 9-12

## Nutrition Information

<b>Calories</b>	120.00	<b>Protein</b>	17.00g
<b>Fat</b>	3.75g	<b>SaturatedFat</b>	1.50g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	32.50mg
<b>Carbohydrates</b>	5.50g	<b>Fiber</b>	0.00g
<b>Sugar</b>	4.00g	<b>Sodium</b>	810.00mg
<b>Iron</b>	0.54mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	150.00IU	<b>Calcium</b>	100.00mg

## Ingredients

**2 Ounce** TURKEY BRST SLCD HNY RSTD 6-2# GFS

**2 Slice** HAM SLCD .5Z 4-2.5# GFS

**1 Slice** CHEESE AMER 160CT SLCD R/F 6-5# LOL

## Preparation Instructions

2 slice turkey, 2 slice ham and 1 cheese for 9-12

Shingle 2 layers in hotel pan, cover and refrigerate until serving