

# Rockin'ola Yogurt Parfait-JHS/KHS

<b>Servings:</b>	40.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Vanilla yogurt bowl with Strawberries

## Nutrition Information

<b>Calories</b>	608.87	<b>Protein</b>	20.36g
<b>Fat</b>	15.12g	<b>SaturatedFat</b>	2.33g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	4.13mg
<b>Carbohydrates</b>	101.69g	<b>Fiber</b>	9.04g
<b>Sugar</b>	46.45g	<b>Sodium</b>	350.04mg
<b>Iron</b>	16.64mg	<b>Vitamin C</b>	26.62mg
<b>Vitamin A</b>	1494.34IU	<b>Calcium</b>	318.06mg

## Ingredients

**240 Ounce** YOGURT VAN L/F PARFPR 6-4# YOPL

READY\_TO\_EAT

Ready to use with pouch & serving tip.

**80** Rockin'ola Pro granola

BAKE

pre-packaged 1.5 oz- 2 bags per student JHS/KHS or 3 oz portion

**120 Fluid Ounce** CRUMB CRACKER GRAHAM 10# KEEB

3oz of graham cracker crumbs per bowl

**160 Fluid Ounce** STRAWBERRY WHL IQF 4-5# GFS

4oz (#8 scoop) per bowl

**1 Each** CHEESE STRING MOZZ IW 168-1Z LOL

1 individually wrapped cheese stick per student

# Preparation Instructions