

Rockin'ola Yogurt Parfait-JHS/KHS

Servings:	40.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Vanilla yogurt bowl with Strawberries

Nutrition Information

Calories	608.87	Protein	20.36g
Fat	15.12g	SaturatedFat	2.33g
Trans Fat	0.00g	Cholesterol	4.13mg
Carbohydrates	101.69g	Fiber	9.04g
Sugar	46.45g	Sodium	350.04mg
Iron	16.64mg	Vitamin C	26.62mg
Vitamin A	1494.34IU	Calcium	318.06mg

Ingredients

240 Ounce YOGURT VAN L/F PARFPR 6-4# YOPL

READY_TO_EAT

Ready to use with pouch & serving tip.

80 Rockin'ola Pro granola

BAKE

pre-packaged 1.5 oz- 2 bags per student JHS/KHS or 3 oz portion

120 Fluid Ounce CRUMB CRACKER GRAHAM 10# KEEB

3oz of graham cracker crumbs per bowl

160 Fluid Ounce STRAWBERRY WHL IQF 4-5# GFS

4oz (#8 scoop) per bowl

1 Each CHEESE STRING MOZZ IW 168-1Z LOL

1 individually wrapped cheese stick per student

Preparation Instructions

Use 16 oz square bowl w/ lid

1. Place in the bottom 3 oz of graham cracker crumbs
2. Add 3 oz of vanilla yogurt
3. Add 2 oz of sliced strawberries
4. Add 3 oz of vanilla yogurt
5. Add 2 oz of sliced strawberries
6. Top with 3 oz of Rockin'ola Granola (bulk) or 2 bags of Rockin'ola Granola
7. Put lid on top.

Serve 1 bowl with 1 mozz. string cheese.