

# Rockin'ola Yogurt Parfait-JHS/KHS

<b>Servings:</b>	43.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Vanilla yogurt bowl with Strawberries

## Nutrition Information

<b>Calories</b>	608.88	<b>Protein</b>	20.36g
<b>Fat</b>	15.12g	<b>SaturatedFat</b>	2.33g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	4.13mg
<b>Carbohydrates</b>	101.69g	<b>Fiber</b>	9.04g
<b>Sugar</b>	46.45g	<b>Sodium</b>	350.06mg
<b>Iron</b>	16.64mg	<b>Vitamin C</b>	26.62mg
<b>Vitamin A</b>	1494.36IU	<b>Calcium</b>	318.08mg

## Ingredients

### 258 Ounce YOGURT VAN L/F PARFPR 6-4# YOPL

READY\_TO\_EAT

Ready to use with pouch & serving tip.

6 oz per bowl = 258oz= 4bags

### 86 Rockin'ola Pro granola

BAKE

pre-packaged 1.5 oz- 2 bags per student JHS/KHS or 3 oz portion

### 129 Fluid Ounce CRUMB CRACKER GRAHAM 10# KEEB

3oz of graham cracker crumbs per bowl

### 172 Fluid Ounce STRAWBERRY WHL IQF 4-5# GFS

4oz (#8 scoop) per bowl

### 1 2/25 Each CHEESE STRING MOZZ IW 168-1Z LOL

1 individually wrapped cheese stick per student

## Preparation Instructions

Use 16 oz square bowl w/ lid

1. Place in the bottom 3 oz of graham cracker crumbs
2. Add 3 oz of vanilla yogurt
3. Add 2 oz of sliced strawberries
4. Add 3 oz of vanilla yogurt
5. Add 2 oz of sliced strawberries
6. Top with 3 oz of Rockin'ola Granola (bulk) or 2 bags of Rockin'ola Granola
7. Put lid on top.

Serve 1 bowl with 1 mozz. string cheese.