

Rockin'ola Yogurt Parfait-JHS/KHS

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|-----------------------|------------------|
| Servings: | 43.00 |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | Same Day Service |

Vanilla yogurt bowl with Strawberries

Nutrition Information

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|----------------------|-----------|---------------------|----------|
| Calories | 608.88 | Protein | 20.36g |
| Fat | 15.12g | SaturatedFat | 2.33g |
| Trans Fat | 0.00g | Cholesterol | 4.13mg |
| Carbohydrates | 101.69g | Fiber | 9.04g |
| Sugar | 46.45g | Sodium | 350.06mg |
| Iron | 16.64mg | Vitamin C | 26.62mg |
| Vitamin A | 1494.36IU | Calcium | 318.08mg |

Ingredients

258 Ounce YOGURT VAN L/F PARFPR 6-4# YOPL

GFS#811500

READY_TO_EAT

Ready to use with pouch & serving tip.

6 oz per bowl = 258oz= 4bags

86 Rockin'ola Pro granola

WILKENS

READY_TO_EAT

pre-packaged 1.5 oz- 2 bags per student JHS/KHS or 3 oz portion

129 Fluid Ounce CRUMB CRACKER GRAHAM 10# KEEB

GFS#109568

READY_TO_EAT

3oz of graham cracker crumbs per bowl

172 Fluid Ounce STRAWBERRY WHL IQF 4-5# GFS

GFS#2446302

4oz (#8 scoop) per bowl

1 2/25 Each CHEESE STRING MOZZ IW 168-1Z LOL

GFS#7865801

1 individually wrapped cheese stick per student

Preparation Instructions

Use 16 oz square bowl w/ lid

1. Place in the bottom 3 oz of graham cracker crumbs
2. Add 3 oz of vanilla yogurt
3. Add 2 oz of sliced strawberries
4. Add 3 oz of vanilla yogurt
5. Add 2 oz of sliced strawberries
6. Top with 3 oz of Rockin'ola Granola (bulk) or 2 bags of Rockin'ola Granola
7. Put lid on top.

Serve 1 bowl with 1 mozz. string cheese.