

Rockin'ola Yogurt Parfait-Blueberries

Servings:	43.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

JHS/KHS Vanilla Yogurt with Blueberries

Nutrition Information

Calories	701.66	Protein	26.21g
Fat	21.46g	SaturatedFat	6.23g
Trans Fat	0.00g	Cholesterol	18.75mg
Carbohydrates	104.64g	Fiber	9.53g
Sugar	47.93g	Sodium	545.04mg
Iron	16.28mg	Vitamin C	1.77mg
Vitamin A	1689.34IU	Calcium	503.20mg

Ingredients

86 Rockin'ola Pro granola

WILKENS

pre-packaged 1.5 oz- 2 per student JHS/KHS=3oz

258 Ounce YOGURT VAN L/F PARFPR 6-4# YOPL

GFS#811500

READY_TO_EAT

Ready to use with pouch & serving tip.

6oz per serving-258 oz=4 bags

172 Fluid Ounce BLUEBERRY IQF 4-5# GFS

GFS#166720

4oz of Blueberries per serving

#8 scoop=1/2 cup= 4 oz

129 Fluid Ounce CRUMB CRACKER GRAHAM 10# KEEB

GFS#109568

3 oz per serving

#10 scoop

129 oz = 43 servings

43 Each CHEESE STRING MOZZ IW 168-1Z LOL

GFS#786580

SERVE 1 MOZZ. STRING CHEESE PER STUDENT

Preparation Instructions

USE 16OZ SQUARE BOWL W/LID

1. PLACE IN BOTTOM OF BOWL 3 OZ OF GRAHAM CRACKER CRUMB
2. ADD 3 OZ OF VANILLA YOGURT ON TOP
3. PLACE 2 OZ OF BLUEBERRIES ON TOP OF YOGURT
4. ADD 3 OZ OF VANILLA YOGURT ON TOP OF FRUIT
5. PLACE 2 OZ OF BLUEBERRIES ON TOPOF YOGURT
6. TOP WITH 3 OZ OF ROCKIN'OLA GRANOLA OR 2 -1.5 OZ INDIVIDUAL BAGS.
7. PLACE LID ON TOP OF COMPLETED BOWL

SERVE WITH 1 MOZZ. STRING CHEESE W/ 1 BOWL OF YOGURT.