

Chicken Caesar Salad

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| Servings: | 1.00 |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | No Cook |

w/whole grain croutons

Nutrition Information

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|----------------------|-----------|---------------------|----------|
| Calories | 205.00 | Protein | 28.00g |
| Fat | 6.00g | SaturatedFat | 1.50g |
| Trans Fat | 0.00g | Cholesterol | 70.00mg |
| Carbohydrates | 11.00g | Fiber | 2.00g |
| Sugar | 3.00g | Sodium | 870.00mg |
| Iron | 0.72mg | Vitamin C | 15.00mg |
| Vitamin A | 2600.00IU | Calcium | 80.00mg |

Ingredients

- 1 1/2 Cup LETTUCE ROMN BLND SEP BAG 4-5# RSS
- 3 Ounce CHIX BRST STRP FAJT GRLLD 4-2.5# TYS
- 1 Tablespoon CHEESE PARM SHRD FCY 10-2# PG
- 1 Package CROUTON CHS GARL WGRAIN 250-.5Z

Preparation Instructions