

# Sloppy Joes

<b>Servings:</b>	350.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Complex Food Prep

Sloppy Joes (Hamburger barbecue)

## Nutrition Information

<b>Calories</b>	288.36	<b>Protein</b>	19.15g
<b>Fat</b>	16.41g	<b>SaturatedFat</b>	5.47g
<b>Trans Fat</b>	2.73g	<b>Cholesterol</b>	71.10mg
<b>Carbohydrates</b>	16.84g	<b>Fiber</b>	0.00g
<b>Sugar</b>	16.76g	<b>Sodium</b>	413.42mg
<b>Iron</b>	0.41mg	<b>Vitamin C</b>	1.26mg
<b>Vitamin A</b>	139.49IU	<b>Calcium</b>	11.43mg

## Ingredients

**80 Pound** Beef, Fine Ground, 85/15, Frozen  
**400 Fluid Ounce** KETCHUP CAN 33% FCY 6-10 CRWNCOLL  
**6 Pound** SUGAR BROWN LT 12-2 PION  
**2 1/4 Cup** VINEGAR WHT DISTILLED 5% 4-1GAL GFS

## Preparation Instructions

Thaw hamburger several days in refrigerator before cooking.

Cook hamburger in stock pots or tilt skillet. Drain and rinse once done.

Evenly divide meat among steam table pans. Add ingredients, stir and bake at 400 degrees for 1 to 2 hours or until reaches and internal temp of 165 degrees or more.