

Rockin'ola Yogurt Parfait-Strawberries

Servings:	43.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

JHS/KHS-Vanilla yogurt bowl with Strawberries

Nutrition Information

Calories	622.80	Protein	25.22g
Fat	19.24g	SaturatedFat	5.74g
Trans Fat	0.00g	Cholesterol	18.75mg
Carbohydrates	91.33g	Fiber	8.55g
Sugar	43.00g	Sodium	478.50mg
Iron	16.10mg	Vitamin C	26.62mg
Vitamin A	1442.89IU	Calcium	463.77mg

Ingredients

258 Ounce YOGURT VAN L/F PARFPR 6-4# YOPL

GFS#811500

READY_TO_EAT

Ready to use with pouch & serving tip.

6 oz per bowl = 258oz= 4bags

86 Rockin'ola Pro granola

WILKENS

READY_TO_EAT

pre-packaged 1.5 oz- 2 bags per student JHS/KHS or 3 oz portion

86 Fluid Ounce CRUMB CRACKER GRAHAM 10# KEEB

GFS#109568

READY_TO_EAT

3oz of graham cracker crumbs per bowl

172 Fluid Ounce STRAWBERRY WHL IQF 4-5# GFS

Wilkins

4oz (#8 scoop) per bowl

43 Each CHEESE STRING MOZZ IW 168-1Z LOL

GFS#786580

1 individually wrapped cheese stick per student

Preparation Instructions

Use 16 oz square bowl w/ lid

1. Place in the bottom 3 oz of graham cracker crumbs
2. Add 3 oz of vanilla yogurt
3. Add 2 oz of sliced strawberries
4. Add 3 oz of vanilla yogurt
5. Add 2 oz of sliced strawberries
6. Top with 3 oz of Rockin'ola Granola (bulk) or 2 bags of Rockin'ola Granola
7. Put lid on top.

Serve 1 bowl with 1 mozz. string cheese.