

Beef Taco

Servings:	100.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Soft shell beef tacos

Nutrition Information

Calories	277.51	Protein	18.95g
Fat	12.72g	SaturatedFat	6.79g
Trans Fat	0.27g	Cholesterol	52.12mg
Carbohydrates	19.37g	Fiber	2.50g
Sugar	4.57g	Sodium	594.00mg
Iron	3.30mg	Vitamin C	14.38mg
Vitamin A	1839.91IU	Calcium	189.72mg

Ingredients

100 Each TORTILLA FLOUR 6 PRSD 24-12CT LAFRO

18 3/4 Pound TACO FILLING BEEF REDC FAT 6-5# COMM

4/5# bags Use scoop #16

1 Gallon CHEESE CHED MLD SHRD 4-5# COMM

1/5# bags use scoop #30

1/2 Cup LETTUCE BLND ROMAINE MXD 4-5# RSS

6.25 # of lettuce serve 1/2 cup lettuce per taco

6 1/4 Pound TOMATO ROMA DCD 3/8 2-5# RSS

Use scoop # 30 1 oz. of diced tomatoes per taco

Preparation Instructions

Thawing Instructions

THAW PRODUCT UNDER REFRIGERATION FOR 3 DAYS PRIOR TO PREPARATION.

Basic Preparation

PLACE SEALED BAGS IN A STEAMER OR IN BOILING WATER. HEAT APPROXIMATELY 30 MINUTES OR UNTIL PRODUCT REACHES SERVING TEMPERATURE of 165 F.. AVOID OVERLOADING KETTLES WHERE BAGS CAN BE TRAPPED AGAINST SIDE OF KETTLE OR POT. OPEN BAG WITH CAUTION AS IT WILL BE HOT.

OVEN:

Empty bags into roaster pan.

Cover and heat taco meat to 165 F.