

Pasta with vegetables

Servings:	200.00
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	Same Day Service

Pasta with vegetables

Nutrition Information

Calories	140.63	Protein	2.84g
Fat	7.14g	SaturatedFat	4.54g
Trans Fat	0.00g	Cholesterol	19.48mg
Carbohydrates	16.09g	Fiber	1.89g
Sugar	1.89g	Sodium	190.43mg
Iron	0.68mg	Vitamin C	11.36mg
Vitamin A	638.23IU	Calcium	0.00mg

Ingredients

768 Fluid Ounce VEG & PASTA BLND CNTRY GRDN 12-2 GFS

8 Cup BUTTER PRINT SLTD GRD AA 36-1# GFS

4 Tablespoon SPICE GARLIC SALT 11 TRDE

Preparation Instructions

Bring 4 stock pots of water to boil, add 6 bags to each pot. Bring to a boil, then drain.

Melt 4 butters in a pan. Add melted butter to the pasta blend with 2 T of garlic salt per pan.

Cover and keep one pan warm in warming oven and the other pan in steam table.

You may also use the tilt skillet for this. Add 1 gallon of water to skillet and the pasta. Cover and steam at about 300 degrees for 5 to 10 minutes or until broccoli is fork tender.

Drain and follow the rest of the recipe as above.