

Bagel

Servings:	1.00
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	Same Day Service

Bagel

Nutrition Information

Calories	2.40	Protein	0.08g
Fat	0.10g	SaturatedFat	0.06g
Trans Fat	0.00g	Cholesterol	0.25mg
Carbohydrates	0.29g	Fiber	0.04g
Sugar	0.05g	Sodium	2.55mg
Iron	0.02mg	Vitamin C	0.00mg
Vitamin A	3.00IU	Calcium	0.60mg

Ingredients

1/100 Each BAGEL WHT WGRAIN IW 72-2Z LENDER

1/100 Each CHEESE CREAM CUP 100-1Z GFS

Preparation Instructions