# Chicken Nuggets

Servings:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Crispy and tender, these chicken chunks are made with a natural proportion of white and dark meat.

#### **Nutrition Information**

Calories	240.00	Protein	13.00g
Fat	14.00g	SaturatedFat	2.50g
Trans Fat	0.00g	Cholesterol	20.00mg
Carbohydrates	16.00g	Fiber	3.00g
Sugar	1.00g	Sodium	470.00mg
Iron	1.80mg	Vitamin C	0.00mg
Vitamin A	100.00IU	Calcium	40.00mg

## Ingredients

5 Each CHIX CHUNKS BRD WGRAIN .66Z 6-4.725#

#### CONVECTION

Appliances vary, adjust accordingly.

Convection Oven

6 - 8 minutes at 375°F from frozen.

## **Preparation Instructions**