

Cheese Quesadilla

Servings:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

This cheese quesadilla offers a bold, Southwestern taste.

Nutrition Information

Calories	320.00	Protein	20.00g
Fat	12.00g	SaturatedFat	6.00g
Trans Fat	0.00g	Cholesterol	40.00mg
Carbohydrates	32.00g	Fiber	3.00g
Sugar	2.00g	Sodium	560.00mg
Iron	2.70mg	Vitamin C	0.00mg
Vitamin A	300.00IU	Calcium	350.00mg

Ingredients

2 Piece QUESADILLA CHS MOZZ WGRAIN 96-4.4Z

BAKE

COOKING INSTRUCTIONS FOR FOOD SAFETY AND QUALITY COOK BEFORE EATING TO AN INTERNAL TEMPERATURE OF 165°F. Cook before serving. Prepare from frozen state. Oven Type Convection Preheat oven to 375°F, low fan. Place two frozen quesadilla sheets on parchment lined full sheet pan. Bake for 13-15 minutes. Conventional Preheat oven to 450°F. Place one frozen quesadilla sheet on parchment lined half sheet pan. Bake for 15-17 minutes. NOTE: Due to variances in oven regulators, cooking times and temperature may require adjustments. Refrigerate or discard any unused portion.

Preparation Instructions