

# Elem Hot Dog

<b>Servings:</b>	1.00
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Hot Dog on a Whole Grain Bun

## Nutrition Information

<b>Calories</b>	190.00	<b>Protein</b>	9.00g
<b>Fat</b>	8.50g	<b>SaturatedFat</b>	2.00g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	40.00mg
<b>Carbohydrates</b>	21.00g	<b>Fiber</b>	4.00g
<b>Sugar</b>	3.00g	<b>Sodium</b>	625.00mg
<b>Iron</b>	1.42mg	<b>Vitamin C</b>	0.03mg
<b>Vitamin A</b>	8.86IU	<b>Calcium</b>	100.66mg

## Ingredients

**1 Each** FRANKS TURKEY CN 10/# 4-5# KE

FULLY COOKED, CAN BE STEAMED, GRILLED, MICROWAVED, OR OVEN HEATED, HEAT TO 165 DEG F. INTERNAL FOR MINIMUM OF 15 SECONDS, HOLD ABOVE 140 DEG F

**1 Each** BUN HOT DOG WHEAT WHL 12-12CT GFS

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