

Carrots Frozen

Servings:	200.00
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	Same Day Service

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Nutrition Information

Calories	58.32	Protein	0.00g
Fat	1.79g	SaturatedFat	1.14g
Trans Fat	0.00g	Cholesterol	4.87mg
Carbohydrates	9.42g	Fiber	1.41g
Sugar	7.26g	Sodium	58.26mg
Iron	0.03mg	Vitamin C	0.85mg
Vitamin A	2183.63IU	Calcium	17.92mg

Ingredients

768 Fluid Ounce CARROT SLCD C/C 12-2# GFS

2 Cup BUTTER PRINT SLTD GRD AA 36-1# GFS

32 Ounce SUGAR BROWN LT 12-2 PION

Preparation Instructions

In 2 stock pots add 12 bags each, 1 cup of butter, 1 brown sugar and 2 quarts of water.

Bring to a boil and simmer. Put in steam table and serve with 1/2 spoodle.