

Lettuce salad

Servings:	250.00
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	No Cook

Lettuce salad

Nutrition Information

Calories	121.29	Protein	0.17g
Fat	0.00g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	25.09g	Fiber	8.87g
Sugar	11.43g	Sodium	86.19mg
Iron	2.74mg	Vitamin C	61.15mg
Vitamin A	30209.43IU	Calcium	152.00mg

Ingredients

- 320 Cup** TOMATO GRAPE SWT 10# MRKN
- 640 Cup** LETTUCE SALAD TINY CHOP 55/45 4-5#
- 384 Cup** LETTUCE ROMAINE RIBBONS 6-2# RSS
- 192 Cup** CARROT MATCHSTICK SHRED 2-3# RSS

Preparation Instructions

In 5 totes evenly distribute all the above ingredients. Mix well, cover and refrigerate after date making each tote.