

# Strawberry Banana Smoothie

<b>Servings:</b>	1.00
<b>Meal Type:</b>	Breakfast
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Strawberry Banana Smoothie

## Nutrition Information

<b>Calories</b>	180.00	<b>Protein</b>	2.18g
<b>Fat</b>	0.59g	<b>SaturatedFat</b>	0.23g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	0.63mg
<b>Carbohydrates</b>	44.88g	<b>Fiber</b>	6.23g
<b>Sugar</b>	26.50g	<b>Sodium</b>	14.33mg
<b>Iron</b>	1.26mg	<b>Vitamin C</b>	64.27mg
<b>Vitamin A</b>	200.52IU	<b>Calcium</b>	50.90mg

## Ingredients

**1 Each** BANANA TURNING SNGL 150CT 40# P/L

**1 Cup** STRAWBERRY WHL IQF 4-5# GFS

**1 Ounce** YOGURT VAN L/F PARFPR 6-4# YOPL

READY\_TO\_EAT

Ready to use with pouch & serving tip.

## Preparation Instructions