

# Yogurt Parfait

<b>Servings:</b>	1.00
<b>Meal Type:</b>	Breakfast
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Yogurt Parfait

## Nutrition Information

<b>Calories</b>	255.00	<b>Protein</b>	3.88g
<b>Fat</b>	3.19g	<b>SaturatedFat</b>	0.63g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	0.63mg
<b>Carbohydrates</b>	54.88g	<b>Fiber</b>	5.13g
<b>Sugar</b>	35.50g	<b>Sodium</b>	193.13mg
<b>Iron</b>	3.83mg	<b>Vitamin C</b>	7.20mg
<b>Vitamin A</b>	925.00IU	<b>Calcium</b>	225.00mg

## Ingredients

**1 Each** CEREAL CINN TOAST R/S BWL 96CT GENM

READY\_TO\_EAT

Ready to eat dry cereal in a portable, easy-to-serve bowl.

**1 Cup** PEACH DCD XL/S 6-10 GFS

**1 Ounce** YOGURT VAN L/F PARFPR 6-4# YOPL

READY\_TO\_EAT

Ready to use with pouch & serving tip.

## Preparation Instructions