

Mini Waffle and Fruit

Servings:	1.00
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	Same Day Service

Mini Waffle and Fruit

Nutrition Information

Calories	290.00	Protein	4.00g
Fat	6.00g	SaturatedFat	1.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	60.00g	Fiber	8.00g
Sugar	29.00g	Sodium	170.00mg
Iron	1.08mg	Vitamin C	4.80mg
Vitamin A	100.00IU	Calcium	20.00mg

Ingredients

1 Package WAFFLE MINI MAPL WGRAIN IW 72-2.47Z

BAKE

Heat & Serve: Heat frozen Mini Waffle in ovenable pouch. Convection Oven: Preheat oven to 350°F. Place pouches flat on a baking sheet and heat for 7-9 minutes.* Conventional Oven: Preheat oven to 350°F. Place pouches flat on a baking sheet and heat for 11-13 minutes.* Microwave: Heat for 30-35 seconds on high. *DO NOT place pouches directly on oven rack or let pouches touch oven sides. Bake times will vary by oven type and load. Consume within 6 hours of preparing.

1 Each APPLE GALA 100CT 40# MRKN

Preparation Instructions