

Premium Fried Rice

Servings:	1.00
Meal Type:	Lunch
Category:	Grain
HACCP Process:	Same Day Service

Premium blend of white rice, edamame, carrots, red peppers, onions and scrambled eggs

Nutrition Information

Calories	190.00	Protein	5.00g
Fat	3.50g	SaturatedFat	0.50g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	34.00g	Fiber	1.00g
Sugar	4.00g	Sodium	580.00mg
Iron	1.80mg	Vitamin C	6.00mg
Vitamin A	750.00IU	Calcium	20.00mg

Ingredients

1 Cup RICE FRIED PREM FZ 4-4# KAHIKI

POKE HOLES TO VENT. MICROWAVE OR STEAM ON HIGH FOR 20 MINUTES, ROTATING PRODUCT ONCE DURING HEATING. ALSO MAY SUBMERGE AS A BOILABLE POUCH. HEAT & SERVE.

Preparation Instructions