

Yogurt Parfait

Servings:	1.00
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	Same Day Service

Yogurt Parfait

Nutrition Information

Calories	315.00	Protein	8.50g
Fat	3.00g	SaturatedFat	1.25g
Trans Fat	0.00g	Cholesterol	5.00mg
Carbohydrates	64.00g	Fiber	3.50g
Sugar	44.00g	Sodium	195.00mg
Iron	3.60mg	Vitamin C	3.60mg
Vitamin A	1400.00IU	Calcium	300.00mg

Ingredients

1/2 Cup CEREAL CINN TOAST R/S BWL 96CT GENM

READY_TO_EAT

Ready to eat dry cereal in a portable, easy-to-serve bowl.

1/2 Cup PEACH DCD XL/S 6-10 GFS

8 Ounce YOGURT VAN L/F PARFPR 6-4# YOPL

READY_TO_EAT

Ready to use with pouch & serving tip.

Preparation Instructions