

Meatball Sub

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| Servings: | 16.00 |
| Meal Type: | Lunch |
| Category: | Entree |
| HACCP Process: | Same Day Service |

3 Meatballs for each sub

Nutrition Information

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|----------------------|----------|---------------------|----------|
| Calories | 590.38 | Protein | 37.70g |
| Fat | 35.18g | SaturatedFat | 14.14g |
| Trans Fat | 1.88g | Cholesterol | 142.69mg |
| Carbohydrates | 36.66g | Fiber | 6.19g |
| Sugar | 9.62g | Sodium | 819.28mg |
| Iron | 3.84mg | Vitamin C | 8.29mg |
| Vitamin A | 876.26IU | Calcium | 239.48mg |

Ingredients

1 Cup KALE PREP CELLO PKG 4-2.5# RSS
1 1/2 Cup OATS OLD FASHIONED 12-42Z QUAK
1/2 Cup EGG WHL LIQ W/CITRIC 15-2# GFS
5 Pound BEEF GRND 80/20 3-10 GFS
8 Ounce MILK WHT 1% 4-1GAL RGNLBRND
1/2 Cup KETCHUP CAN NAT LO SOD 6-10 REDG

READY_TO_EAT

None

1/2 Cup CHEESE PARM GRTD 4-5# PG
1/4 Cup TOMATO PASTE 6-10 BONTA
1/4 Cup SPICE ONION POWDER 19Z TRDE
2 Tablespoon SEASONING POULTRY 10Z TRDE
2 Tablespoon SAUCE WORCESTERSHIRE 3-1GAL L&P
2 Teaspoon SALT KOSHER COARSE 12-3 MRTN
2 Teaspoon SPICE PEPR BLK (30 MESH) REG GRIND 5#
16 Each BUN HOT DOG WHEAT WHL 12-12CT GFS
2 Cup CHEESE MOZZ 2% SHRD FTHR 4-5# PG
3 Cup SAUCE SPAGHETTI POUCH 6-106Z PREGO

Preparation Instructions