

Fruit Protein Box

Servings:	1.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	No Cook

Grab and Go Lunch

Nutrition Information

Calories	470.00	Protein	12.00g
Fat	15.00g	SaturatedFat	7.00g
Trans Fat	0.00g	Cholesterol	25.00mg
Carbohydrates	69.33g	Fiber	6.97g
Sugar	40.33g	Sodium	390.00mg
Iron	0.68mg	Vitamin C	60.81mg
Vitamin A	307.96IU	Calcium	243.14mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Ounce	680130	Colby Jack Cheese Cubes	
1/2 Cup	280895	GRAPES RED LUNCH BUNCH 21#AVG MRKN	
1 Each	698261	JUICE BOX PARADS PNCH 40- 4.23FLZ	
1 Each	129001	ROUND BKFST UBR IW 126- 2.2Z RICH	
1 Each	594981	YOGURT VAR PK N/F LT 48-4Z YOPL	READY_TO_EAT Ready to eat 4 oz single serving

Preparation Instructions

Gather all ingredients. Put in an Orange Hinged Lid container. Store in cooler at 41 degrees or colder. Do not freeze.