

Popcorn Chicken Bowl K-5

Servings:	50.00
Serving Size:	1.00 Each
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Crispy chicken smackers served over mashed potatoes and garnished with cheddar cheese.

Nutrition Information

Calories	589.50	Protein	18.21g
Fat	16.71g	SaturatedFat	4.50g
Trans Fat	0.00g	Cholesterol	45.00mg
Carbohydrates	96.21g	Fiber	7.21g
Sugar	0.00g	Sodium	2218.57mg
Iron	2.18mg	Vitamin C	36.96mg
Vitamin A	235.36IU	Calcium	150.01mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
250 Each	536620	CHIX PCORN LRG WGRAIN CKD 6-5#	
25 Cup	613738	POTATO PRLS EXCEL 12-28Z BAMER	
6 1/4 Cup	150250	CHEESE CHED MLD SHRD 4-5# COMM	

Preparation Instructions

Prepare popcorn chicken smackers according to manufacturer's directions. Bake at 350 convection until internal temperature reaches 165. Hold for service at 140.

Prepare mashed potatoes according to package directions. Hold for service at 140.

Measure shredded cheddar cheese and hold for service at 40.

Serving Assembly: Measure 1/2 cup of mashed potatoes in 12 oz. bowl. Top with 5 pieces of chicken. Place cheddar cheese in cold bar for student self service with a #30 scoop (2 TBSP).