

Popcorn Chicken Bowl K-5

Servings:	40.00
Serving Size:	1.00 Bowl
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Crispy chicken smackers served over mashed potatoes and garnished with cheddar cheese.

Nutrition Information

Calories	259.50	Protein	13.50g
Fat	12.00g	SaturatedFat	4.50g
Trans Fat	0.00g	Cholesterol	45.00mg
Carbohydrates	25.50g	Fiber	2.50g
Sugar	0.00g	Sodium	710.00mg
Iron	1.29mg	Vitamin C	6.88mg
Vitamin A	226.40IU	Calcium	116.59mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
200 Each	536620	CHIX PCORN LRG WGRAIN CKD 6-5#	
28 Ounce	613738	POTATO PRLS EXCEL 12-28Z BAMER	Bag = 28 oz. Each bag yields 40 1/2 cup servings.
5 Cup	150250	CHEESE CHED MLD SHRD 4- 5# COMM	
1 Gallon		Water	Hot water, 170 - 190.

Preparation Instructions

Bake popcorn chicken smackers according to manufacturer's instructions. Bake at 350 convection for 6-8 minutes or until internal temperature reaches 165. Hold for service at 140.

Prepare mashed potatoes exactly as listed on package. Reconstitute with 1 gallon hot water. Hold for service at 140.

Service Assembly: Serve 1/2 cup of potatoes in a 12 oz. bowl. Top with 5 chicken smackers. Hold cheddar cheese at 40 and place in cold bar for student self service. Use #30 scoop (1/8th cup) to portion.