

Salisbury Steak

Servings:	1.00
Serving Size:	1.00
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Salisbury Steak Luncheon

Nutrition Information

Calories	205.00	Protein	14.00g
Fat	13.50g	SaturatedFat	5.00g
Trans Fat	0.00g	Cholesterol	40.00mg
Carbohydrates	8.00g	Fiber	1.00g
Sugar	1.00g	Sodium	360.00mg
Iron	1.80mg	Vitamin C	1.20mg
Vitamin A	100.00IU	Calcium	40.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	571730	BEEF STK SALISBURY CHARB 59-2.7Z ADV	GRILL Flat grill: preheat flat grill to 350 degrees f. Heat frozen product for 2-4 minutes per side or until internal temperature reaches 165 degrees f. Conventional oven: preheat oven to 375 degrees f. Heat frozen product for 25-30 minutes or until internal temperature reaches 165 degrees f. Convection oven: preheat oven to 350 degrees f. Heat frozen product for 15-20 minutes or until internal temperature reaches 165 degrees f. Microwave: heat frozen product on high power for 2-4 minutes or until internal temperature reaches 165 degrees f.
1 Tablespoon	552050	MIX GRAVY BRN LO SOD 8- 16Z TRIO	

Preparation Instructions