

# Breakfast Bowl with loco bread and bacon

<b>Servings:</b>	100.00
<b>Serving Size:</b>	1.00 Cup
<b>Meal Type:</b>	Breakfast
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

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## Nutrition Information

<b>Calories</b>	213.26	<b>Protein</b>	11.47g
<b>Fat</b>	12.12g	<b>SaturatedFat</b>	6.42g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	77.71mg
<b>Carbohydrates</b>	14.38g	<b>Fiber</b>	1.50g
<b>Sugar</b>	0.88g	<b>Sodium</b>	348.02mg
<b>Iron</b>	1.18mg	<b>Vitamin C</b>	0.00mg
<b>Vitamin A</b>	357.21IU	<b>Calcium</b>	257.47mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
50 Each	696831	BREAD ULTRA LOCO WGRAIN 6.5 12-12CT	THAW  Ultra Loco Bread is fully baked but performs best if slightly warmed. For best results thaw out to room temperature prior to heating. Place in warming box (leave in bag) 1 hour thawed or 2 hours frozen. For individual pieces (out of bag) microwave for 15 seconds thawed or 30 seconds frozen. May pull from freezer one day early and thaw on bread rack.
6 13/50 Pound	150250	CHEESE CHED MLD SHRD 4-5# COMM	Ready to use
12 1/2 Pound	584584	EGG SCRMBD CKD FZ 4-5# GFS	Thaw in refrigerator. Do not thaw at room temperature. CONVECTION OVEN: Heat oven to 250F. Place scrambled eggs in full size steamer pan sprayed with non-stick spray. Cover tightly with foil. Stir as necessary (OPTIONAL: Add 1/2 cup to 3/4 cup of water to pan. Thawed 15-20 minutes. Frozen 20-25 minutes)

Measurement	DistPart #	Description	Preparation Instructions
6 13/50 Pound	357220	BACON CRUMBLES CKD 12-1 GFS	Ready to use

## Preparation Instructions

PREPARATION BEFORE SERVICE: Thaw scrambled eggs and loco bread 1 day prior to service. Thaw scrambled eggs under refrigeration. Thaw loco bread at room temperature. PREPARATION FOR DAY OF SERVICE: Cut 50 loco bread into strips and dice until 1x1 inch squares are created. Combine 12.5lb scrambled eggs, 6.25lb meat, and 50 diced loco bread into a hotel pan. Mix until blended well. Heat in oven at 350F for 15-20 minutes or until internal temperature reaches 140F. Scoop 1 cup portion of scrambled egg mixture into a deli container. Sprinkle each container with 1/2 oz of cheese. Place lid on deli container and hold in warmer at 135F until service.