

Glazed Carrots

Servings:	18.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Vegetable
HACCP Process:	Same Day Service

Glazed Carrots

Nutrition Information

Calories	297.55	Protein	2.71g
Fat	15.42g	SaturatedFat	2.71g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	38.15g	Fiber	8.13g
Sugar	21.89g	Sodium	575.63mg
Iron	4.12mg	Vitamin C	38.69mg
Vitamin A	64221.45IU	Calcium	147.48mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
18 1/4 Pound	510637	CARROT BABY WHL CLEANED 12-2# RSS	
1 1/2 Cup	266965	MARGARINE LIQUID 2-17.5# GFS	
1 Teaspoon	314641	SUGAR BROWN LT 12-2# GFS	

Preparation Instructions

Directions:

Divide carrots evenly into 3 (12"x20"x2 1/2" 6# lb per pan)

Combine : Margarine,sugar water

Pour 1/3 mixture over each pan

Conventional oven:375° for 30-45 minutes

Convection oven: 350° for 25-30 minutes

CCP: Heat to 140° F or higher for at least 15 Seconds

Serve with number(#8 scoop) 1/2 cup

CCP: Hold at 135° F or higher.

Notes: