Garden Salad

| Servings: | 100.00 | |
|---|------------------|--|
| Serving Size: | 1.00 | |
| Meal Type: | Lunch | |
| Category: | Vegetable | |
| HACCP Process: | Same Day Service | |
| Chopped Romaine, baby carrots, grape tomatoes | | |

Nutrition Information

| Calories | 0.10 | Protein | 0.00g |
|---------------|--------|--------------|--------|
| Fat | 0.00g | SaturatedFat | 0.00g |
| Trans Fat | 0.00g | Cholesterol | 0.00mg |
| Carbohydrates | 0.02g | Fiber | 0.00g |
| Sugar | 0.00g | Sodium | 0.24mg |
| Iron | 0.00mg | Vitamin C | 0.00mg |
| Vitamin A | 0.00IU | Calcium | 0.00mg |

Ingredients

| Measurement | DistPart # | Description | Preparation Instructions |
|-------------|------------|------------------|--|
| 1 Cup | | Romaine, Chopped | 1 cup dished=1/2 cup served |
| 1/4 Cup | | Carrots, baby | Wash all vegetables, combine include salad dressing packet |
| 1/4 Cup | 749041 | Grape Tomatoes | Wash all vegetables, combine include salad dressing packet |

Preparation Instructions

Wash all vegetables, combine. Serve 1 cup dished = 1/2 cup served. Include salad dressing packet.