

# Chicken Caesar Salad

<b>Servings:</b>	1.00
<b>Serving Size:</b>	0.00 Salad Meal
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	No Cook

Chicken Caesar salad W/ Goldfish crackers

## Nutrition Information

<b>Calories</b>	621.33	<b>Protein</b>	21.30g
<b>Fat</b>	28.57g	<b>SaturatedFat</b>	5.65g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	72.17mg
<b>Carbohydrates</b>	69.27g	<b>Fiber</b>	7.50g
<b>Sugar</b>	31.67g	<b>Sodium</b>	622.87mg
<b>Iron</b>	4.02mg	<b>Vitamin C</b>	56.11mg
<b>Vitamin A</b>	15993.31IU	<b>Calcium</b>	230.43mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 3/10 Ounce	570533	CHIX DCD 1/2 WHT/DARK CKD 2-5 TYSON	UNSPECIFIED Not currently available
1 Tablespoon	164259	CHEESE PARM GRTD 12-1 PG	
1 1/2 Cup	451730	LETTUCE ROMAINE RIBBONS 6-2 RSS	
2 Tablespoon	132141	DRESSING CAESAR 4-1GAL LTHSE	READY_TO_EAT Use as a dressing or dip
1 Each	201367	APPLE DELICIOUS RED 125CT MRKN	
1/4 Cup	510637	CARROT BABY WHL CLEANED 12-2 RSS	
1 Package	736280	CRACKER GLDFSH CHED WGRAIN 300-.75Z	

<b>Measurement</b>	<b>DistPart #</b>	<b>Description</b>	<b>Preparation Instructions</b>
<b>1 Each</b>	748520	CROUTON LRG SEAS 10-2 GFS	
<b>1 Each</b>	273442	MUFFIN BLUEBERRY IW 96-2Z MUFFINTOWN	

## Preparation Instructions