

Meatball Sub

Servings:	17.00
Serving Size:	1.00 Sub
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Meatball Sub

Nutrition Information

Calories	317.68	Protein	19.36g
Fat	12.55g	SaturatedFat	5.06g
Trans Fat	0.47g	Cholesterol	36.57mg
Carbohydrates	32.37g	Fiber	3.78g
Sugar	4.78g	Sodium	458.36mg
Iron	3.40mg	Vitamin C	0.78mg
Vitamin A	71.01IU	Calcium	202.41mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
2 19/50 Pound	135071	MEATBALL CKD 6-5 JTM	
109/229 Pound	645170	CHEESE MOZZ SHRD 4-5 LOL	
17 Each	276142	BUN SUB SLCD WGRAIN 5 12-8CT GFS	
34/125 Gallon	592714	SAUCE MARINARA A/P 6-10 REDPK	

Preparation Instructions

Steam meatballs in steamer until they reach 165. Add marinara and bake for 30-40 minutes.

Place 4 meatballs on each sub sandwich. Top with 0.4oz mozzarella cheese.