

# Meatball Sub

<b>Servings:</b>	30.00
<b>Serving Size:</b>	1.00 Sub
<b>Meal Type:</b>	Lunch
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Same Day Service

Meatball Sub Whole Grain Sub Bun

## Nutrition Information

<b>Calories</b>	341.92	<b>Protein</b>	20.56g
<b>Fat</b>	13.76g	<b>SaturatedFat</b>	5.05g
<b>Trans Fat</b>	0.47g	<b>Cholesterol</b>	36.52mg
<b>Carbohydrates</b>	36.05g	<b>Fiber</b>	5.01g
<b>Sugar</b>	7.24g	<b>Sodium</b>	654.15mg
<b>Iron</b>	3.40mg	<b>Vitamin C</b>	4.47mg
<b>Vitamin A</b>	308.82IU	<b>Calcium</b>	211.47mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
4 1/5 Pound	135071	MEATBALL CKD 6-5 JTM	
21/25 Pound	645170	CHEESE MOZZ SHRD 4-5 LOL	
30 Each	276142	BUN SUB SLCD WGRAIN 5 12-8CT GFS	
9/20 #10 CAN	592714	SAUCE MARINARA A/P 6-10 REDPK	READY_TO_EAT None

## Preparation Instructions

Steam meatballs in steamer until they reach 165. Add marinara and bake for 30-40 minutes.

Place 4 meatballs on each sub sandwich. Top with 0.4oz mozzarella cheese.