

K-12 Spanish rice

Servings:	108.00
Serving Size:	0.33 Cup
Meal Type:	Lunch
Category:	Grain
HACCP Process:	Same Day Service

Spanish Rice

Nutrition Information

Calories	211.18	Protein	4.20g
Fat	0.72g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	46.09g	Fiber	1.84g
Sugar	2.05g	Sodium	517.80mg
Iron	2.11mg	Vitamin C	19.59mg
Vitamin A	849.31IU	Calcium	12.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
36 1/2 Cup	834850	RICE SPANISH 6-36Z GCHC	Oven Method: combine 11 cups Boiling Water to 1-36oz box of dry spanish rice. to yeild 18 servings. 1 case prepared = 108 servings

Preparation Instructions

Serving size 4 oz- use # 8 Scoop