

Sunshine Sandwich

Servings:	1.00
Serving Size:	1.00 Sandwich
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Egg, Cheese, Sausage on English Muffin

Nutrition Information

Calories	330.00	Protein	21.50g
Fat	16.00g	SaturatedFat	5.00g
Trans Fat	0.00g	Cholesterol	147.50mg
Carbohydrates	26.50g	Fiber	2.00g
Sugar	1.50g	Sodium	835.00mg
Iron	2.22mg	Vitamin C	0.00mg
Vitamin A	237.00IU	Calcium	183.50mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	687131	MUFFIN ENG WGRAIN 2.2Z 12- 12CT BKCRFT	READY_TO_EAT Handling Instructions: Product will arrive frozen. Store in the freezer. Thaw the amount you want to use at room temperature for 3-4 hours or under refrigeration overnight. Make sure to close bakery bag on any unused product, as not to dry it out. Return unused product to the freezer. Do not refrigerate.
1 Each	592625	EGG SCRMBD PTY RND 3.5 165-1.25Z GFS	
1 Slice	150260	CHEESE AMER 160CT SLCD 6-5 COMM	

Measurement	DistPart #	Description	Preparation Instructions
1 Each	138941	SAUSAGE PTY CHIX CKD 1.36Z 6-5.01TYS	<p>BAKE</p> <p>Appliances vary, adjust accordingly.</p> <p>Conventional Oven</p> <p>Place frozen patties on baking sheet pan. Cook at 350°F for 9 to 11 minutes.</p> <p>CONVECTION</p> <p>Appliances vary, adjust accordingly.</p> <p>Convection Oven</p> <p>Place frozen patties on baking sheet pan. Cook at 325°F for 5 to 7 minutes.</p> <p>PAN_FRY</p> <p>Appliances vary, adjust accordingly.</p> <p>Pan Fry</p> <p>Place frozen patties in oil coated skillet. Prepare over medium heat for 4 to 5 minutes.</p>

Preparation Instructions