

Meatloaf

Servings:	100.00
Serving Size:	2.90 1 Slice
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

Recipe# M-6E

Nutrition Information

Calories	1.90	Protein	0.11g
Fat	0.12g	SaturatedFat	0.06g
Trans Fat	0.01g	Cholesterol	0.40mg
Carbohydrates	0.08g	Fiber	0.01g
Sugar	0.05g	Sodium	3.90mg
Iron	0.01mg	Vitamin C	0.09mg
Vitamin A	2.00IU	Calcium	0.60mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Piece	765641	MEATLOAF CKD SLCD W/CHS 100-2.9Z	BAKE This product is designed to be heated to 140 degrees F before serving. Verify internal temperature with a meat thermometer, as cooking times will vary due to differences in appliances and weight of product. Always wash work surfaces and your hands before handling food. Keep raw meats and vegetables separate from cooked product. Freeze or refrigerate leftovers immediately.

Preparation Instructions

Conventional Oven: Preheat oven to 350 degrees. Bake from frozen for 22-24 minutes.

Convection Oven: Preheat oven to 350 degrees. Bake from frozen for 12-14 minutes.