

# French Toast Sticks

|                       |                  |
|-----------------------|------------------|
| <b>Servings:</b>      | 1.00             |
| <b>Serving Size:</b>  | 0.00             |
| <b>Meal Type:</b>     | Breakfast        |
| <b>Category:</b>      | Entree           |
| <b>HACCP Process:</b> | Same Day Service |

French Toast Sticks

## Nutrition Information

|                      |          |                     |          |
|----------------------|----------|---------------------|----------|
| <b>Calories</b>      | 151.10   | <b>Protein</b>      | 7.60g    |
| <b>Fat</b>           | 3.60g    | <b>SaturatedFat</b> | 1.10g    |
| <b>Trans Fat</b>     | 0.00g    | <b>Cholesterol</b>  | 105.00mg |
| <b>Carbohydrates</b> | 22.00g   | <b>Fiber</b>        | 2.40g    |
| <b>Sugar</b>         | 8.00g    | <b>Sodium</b>       | 265.40mg |
| <b>Iron</b>          | 1.37mg   | <b>Vitamin C</b>    | 0.00mg   |
| <b>Vitamin A</b>     | 154.05IU | <b>Calcium</b>      | 70.02mg  |

## Ingredients

| Measurement | DistPart # | Description                             | Preparation Instructions   |
|-------------|------------|---|--|
| 3 Each      | 646222     | FRENCH TST STIX WGRAIN<br>300-.867Z PAP | Heat using a microwave, oven, until product reaches 140 degrees F. |

## Preparation Instructions