

Breakfast Cereal

Servings:	1.00
Serving Size:	0.00
Meal Type:	Breakfast
Category:	Entree
HACCP Process:	No Cook

Breakfast Cereal

Nutrition Information

Calories	200.00	Protein	4.00g
Fat	4.00g	SaturatedFat	0.00g
Trans Fat	0.00g	Cholesterol	0.00mg
Carbohydrates	42.00g	Fiber	3.00g
Sugar	13.00g	Sodium	215.00mg
Iron	5.22mg	Vitamin C	6.00mg
Vitamin A	1000.00IU	Calcium	200.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	270401	CEREAL COCOA PUFFS WGRAIN R/S 96CT	READY_TO_EAT Ready to eat dry cereal in a portable, easy-to-serve bowl.
1 Package	282471	CRACKER GRHM HNY WGRAIN 150-3CT KEEB	

Preparation Instructions