

# Sausage & Egg Bagel

<b>Servings:</b>	1.00
<b>Serving Size:</b>	1.00
<b>Meal Type:</b>	Breakfast
<b>Category:</b>	Entree
<b>HACCP Process:</b>	Complex Food Prep

Sausage & Egg Bagel

## Nutrition Information

<b>Calories</b>	328.30	<b>Protein</b>	15.20g
<b>Fat</b>	16.70g	<b>SaturatedFat</b>	4.90g
<b>Trans Fat</b>	0.00g	<b>Cholesterol</b>	122.00mg
<b>Carbohydrates</b>	30.00g	<b>Fiber</b>	4.00g
<b>Sugar</b>	4.00g	<b>Sodium</b>	441.90mg
<b>Iron</b>	2.26mg	<b>Vitamin C</b>	0.02mg
<b>Vitamin A</b>	195.36IU	<b>Calcium</b>	74.20mg

## Ingredients

Measurement	DistPart #	Description	Preparation Instructions
1 Each	785880	SAUSAGE PTY STHRN 1.33Z 6-5 COMM	BAKE  Place patties on a sheet pan and heat in convection oven at 350 degrees to 375 degrees F for approximately 7-8 minutes.
1 Each	741320	EGG PTY RND 3.5 300-1.25Z PAP	CONVECTION 250°F (10-12 MIN-FROZEN) OR (6-8 MIN REFRIG), CONVENTIONAL 350°F (20-25 MIN-FROZEN) OR (12-15 MIN REFRIG) MICROWAVE HIGH (30-40 SEC FROZEN) OR (15-25 SEC - REFRIG).
1 Each	217911	BAGEL WHT WGRAIN IW 72-2Z LENDER	

## Preparation Instructions