

Pancakes with Sausage

Servings:	100.00
Serving Size:	1.00 Serving
Meal Type:	Lunch
Category:	Entree
HACCP Process:	Same Day Service

WG Pancakes with Sausage

Nutrition Information

Calories	290.00	Protein	11.00g
Fat	10.00g	SaturatedFat	2.00g
Trans Fat	0.00g	Cholesterol	40.00mg
Carbohydrates	41.00g	Fiber	3.00g
Sugar	5.00g	Sodium	410.00mg
Iron	2.52mg	Vitamin C	0.00mg
Vitamin A	0.00IU	Calcium	20.00mg

Ingredients

Measurement	DistPart #	Description	Preparation Instructions
300 Each	617650	PANCAKE WGRAIN 144CT 1.14Z AJ	
100 Each	352740	SAUSAGE TKY LNK BKFST CKD 160-1.025Z	GRILL Flat grill: preheat to 350 degrees f. Place frozen beef on grill. After the portion has cooked through about half its thickness, flip the portion once. As the meat slices begin to cook, separate them with a spatula and add any desired seasonings. Beef should have an evenly brown appearance when completely cooked.

Preparation Instructions